**Rosie’s Leg knitting steps**

**Two Beat Walking Step**

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| **1** | *&* | **2** | *&* | **3** | *&* | **4** | *&* | **5** | *&* | **6** | *&* | **7** | *&* | **8** | *&* |
| **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* |
| **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* |
| **L** | *L* | **R** | *R* | **L** | *L* | **R** | *R* | **L** | *L* | **R** | *R* | **L** | *L* | **R** | *R* |
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| **1** | *&* | **2** | *&* | **3** | *&* | **4** | *&* | **5** | *&* | **6** | *&* | **7** | *&* | **8** | *&* |
| **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* |
| **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* |
| **L** | *L* | **R** | *R* | **L** | *L* | **R** | *R* | **L** | *L* | **R** | *R* | **L** | *L* | **R** | *R* |
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| **1** | *&* | **2** | *&* | **3** | *&* | **4** | *&* | **5** | *&* | **6** | *&* | **7** | *&* | **8** | *&* |
| **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* |
| **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* |
| **L** | *L* | **R** | *R* | **L** | *L* | **R** | *R* | **L** | *L* | **R** | *R* | **L** | *L* | **R** | *R* |
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**Back step (Bannerman)**

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| **1** | *&* | **2** | *&* | **3** | *&* | **4** | *&* | **5** | *&* | **6** | *&* | **7** | *&* | **8** | *&* |
| **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* |
| **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* |
| **L** | *L* | **R** | *R* | **L** | *L* | **R** | *R* | **L** | *L* | **R** | *R* | **L** | *L* | **R** | *R* |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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| **1** | *&* | **2** | *&* | **3** | *&* | **4** | *&* | **5** | *&* | **6** | *&* | **7** | *&* | **8** | *&* |
| **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* |
| **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* |
| **L** | *L* | **R** | *R* | **L** | *L* | **R** | *R* | **L** | *L* | **R** | *R* | **L** | *L* | **R** | *R* |
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| **1** | *&* | **2** | *&* | **3** | *&* | **4** | *&* | **5** | *&* | **6** | *&* | **7** | *&* | **8** | *&* |
| **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* |
| **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* | **step** | *slide* |
| **L** | *L* | **R** | *R* | **L** | *L* | **R** | *R* | **L** | *L* | **R** | *R* | **L** | *L* | **R** | *R* |
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| *&* | *a* | **1** | *&* | **2** |  |  | *&* | *a* | **3** |  | *&* | **4** |  |
| *tick* | *a* | **tock** | *tick* | **tock** |  |  | *tick* | *a* | **tock** |  | *tick* | **tock** |  |
| *shuff* | *le* | **chug** | *slide* | **cut** |  |  | *shuff* | *le* | **chug** |  | *slide* | **cut** |  |
|  |  | **fwd** | *back* |  |  |  |  |  | **fwd** |  | *back* |  |  |
| *R* | *R* | **L** | *L* | **step R** |  |  | *L* | *L* | **R** |  | *R* | **step L** |  |
| *slide*  *back L* |  | **move R**  **behind L** |  | **cut**  **behind**  **L** |  |  | *slide*  *back R* |  | **move L**  **behind R** |  |  | **cut**  **behind**  **R** | L |

**Step 2**

**Slip Stitch**

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| *&* | *a* | **1** | *&* | **2** |  |  | *&* |  | **3** |  | *&* | **4** |  |
| *tick* | *a* | **tock** | *tick* | **tock** |  |  | *tick* |  | **tock** |  | *tick* | **tock** |  |
| *shuff* | *le* | **chug** | *slide* | **cut** |  |  | *toe* |  | **chug** |  | *toe* | **chug** |  |
|  |  | **fwd** | *back* |  |  |  |  |  | **fwd** |  |  | **fwd** |  |
| *R* | *R* | **L** | *L* | **step R** |  |  | *L* |  | **R** |  | *L* | **R** |  |
| *slide*  *back L* |  | **move R**  **behind L** |  | **X behind** | L |  |  |  | **cut**  **behind L** |  |  | **cut**  **behind**  **L** | L |

**Step 3**

**Pass Wool Over**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| *&* | *a* | **1** | *&* | **2** |  |  | *&* |  | **3** |  | *&* | **4** |  |
| *tick* | *a* | **tock** | *tick* | **tock** |  |  | *tick* |  | **tock** |  | *tick* | **tock** |  |
| *shuff* | *le* | **chug** | *slide* | **chug** |  |  | *slide* |  | **step** |  | *slide* | **chug** |  |
|  |  | **fwd** | *back* |  |  |  | *back* |  | **fwd** |  | *back* | **fwd** |  |
| *R* | *R* | **L** | *L* | **L** |  |  | *L* |  | **R** |  | *R* | **R** |  |
| *slide*  *back L* |  | **move R**  **behind L** | *move R*  *fwd* | **Swing to Injun**  **R** |  |  | *stretch*  *fwd*  *R* |  | **lift L**  **behind R** |  | *stretch*  *L*  *fwd* | **swing to**  **Injun**  **L** | L |

**Step 4**

**Knit One Pearl One[[1]](#footnote-1)**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| *&* |  | **1** | *&* | **2** |  |  | *&* |  | **3** |  | *&* | **4** |  |
| *tick* |  | **tock** | *tick* | **tock** |  |  | *tick* |  | **tock** |  | *tick* | **tock** |  |
| *step*  *(slide back)*  *L* |  | **drop chug on to**  **R X**  **behind L** | *slide*  *back*  *R* | **chug**  **fwd**  **R** |  |  | *slide*  *back*  *R* |  | **drop**  **chug on to**  **L X**  **behind**  **R** |  | *slide back*  *L* | **chug**  **fwd**  **L** |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | **Pick up L X in front of R** | *stretch*  *L* | **Swing L**  **back** |  |  |  |  | **Pick up**  **R**  **X in** |  |  | **swing R**  **back** |  |
|  |  |  |  |  |  |  |  |  | **front of**  **L** |  |  |  | L |

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| *&* |  | **5** | *&* | **6** |  |  | *&* |  | **7** |  | *&* | **8** |  |
| *tick* |  | **tock** | *tick* | **tock** |  |  | *tick* |  | **tock** |  | *tick* | **tock** |  |
| *slide back*  *L* |  | **drop**  **chug**  **R X**  **behind**  **L** | *slide*  *back*  *R* | **chug**  **fwd**  **R** |  |  | *slide*  *back*  *R* |  | **drop**  **chug**  **L X**  **behind**  **R** |  | *slide back*  *L* | **chug**  **fwd**  **L** |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | **Pickup**  **L**  **X in** |  | **Swing L**  **back** |  |  |  |  | **Pick up**  **R**  **X in** |  |  | **swing R**  **back** |  |
|  |  | **front of**  **R** |  |  |  |  |  |  | **front of**  **L** |  |  | **tock** | L |

**Step 5**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| **1** | *&* | **2** | *&* | **3** | *&* | **4** | *&* | **5** | *&* | **6** | *&* | **7** | *&* | **8** | *&* |
| **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* | **tock** | *tick* |
| **chug** | *slide* | **chug** | *slide* | **step** | *slide* | **chug** | *slide* | **step** | *slide* | **chug** | *slide* | **step** | *slide* | **chug** | *slide* |
| **L** | *L* | **L** | *L* | **R** | *R* | **R** | *R* | **L** | *L* | **R** | *R* | **L** | *L* | **R** | *R* |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

**Knit Two Together**

To do this back- stepped swing the free leg around behind then each `step` becomes a `drop chug`[[2]](#footnote-2).

1. My name for ease of teaching, step sounds like its name. [↑](#footnote-ref-1)
2. the term `drop chug` has been coined by me. [↑](#footnote-ref-2)